### Breakfast

Three Components Served Daily:
- Grain 1 oz.
- Fruit 1 cup
- Milk 8 oz.

**350-500 Calories**

### Sandwich Shop

**Monday**
- UN-GRILLED CHEESE
- **Tuesday**
- TURKEY/CHEESE
- **Wednesday**
- CHICKEN & CHEESE WRAP
- **Thursday**
- TURKEY
- **Friday**
- EGG SALAD

### Salads Galore!

**Monday**
- VEGETARIAN VEGETABLE
- **Tuesday**
- CHICKEN APPLES
- **Wednesday**
- TURKEY/CHEESE
- **Thursday**
- CHEF SALAD
- **Friday**
- CHICKEN CAESAR

All Salads include a Grain

### Meals

**Monday**

- 3 Pizza Crunchers
- 4 Mandarin Chicken Steamed Rice Broccoli
- 5 Roast BBQ Chicken Breast, Graham Crackers Baked Beans Fresh NY Apple Fresh Clementine
- 6 Cheese Burger w/Bun Dill Pickles Sweet Potato Fries Peaches
- 7 Cheese Pizza Corn Applesauce

**Tuesday**

- 8 Bosco Breadstick Marinara Sauce Green Beans Applesauce, Milk
- 9 Chicken Drummie Graham Crackers Corn Peaches, Milk
- 10 Popcorn Chicken Mixed Vegetable NY Apple
- 11 Taquitos Refried Beans Fruit Cocktail, Milk
- 12 Lasagna Roll-up Buttered Broccoli Died Pears

**Wednesday**

- 13 Mozzarella Sticks Marinara Sauce Green Beans Juicy Pears
- 14 Chinese Patty w/Bun Sweet Potato Fries Cling Peaches
- 15 French Toast Sticks Sweet Sausage Links Smiley Potato Applesauce
- 16 Chicken Tenders Corn Fruit Cocktail
- 17 Grilled Cheese Sandwich Baby Carrots Strawberries

**Thursday**

- 18 Cheese Pizza Green Beans Applesauce
- 19 Chicken Nuggets BBQ Sauce Buttered Carrots NY Apple, Milk
- 20 Cheese Burger w/Bun Dill Pickles Sweet Potato Fries Peaches
- 21 Beef Nachos Black Bean and Corn Salsa Fruit Cocktail, Milk
- 22 Asian Chicken Steamed Rice Buttered Broccoli Fresh Pear, Milk

**Friday**

- 23 Grilled Cheese Sandwich Baby Carrots Strawberries
- 24 Cheese Pizza Green Beans Applesauce
- 25 Chicken Nuggets BBQ Sauce Buttered Carrots NY Apple, Milk
- 26 Cheese Burger w/Bun Dill Pickles Sweet Potato Fries Peaches
- 27 Beef Nachos Black Bean and Corn Salsa Fruit Cocktail, Milk

### Questions, Comments

Please call:
- Larry Anthony, FSD
- 845.758.2241 Ext. 38100

### Allergy Alerts!

Call for details!
Some menu items may contain tree nuts and or seeds.

### Employment Opportunities

Available!!!

---

**Breakfast**

- CEREAL OF THE DAY
- BLUEBERRY MUFFIN
- UPSTATE FARMS YOGURT

**Lunch**

- Pizza Crunchers Baby Carrots Fresh Pear Milk
- Mandarin Chicken Steamed Rice Broccoli Fresh Clementine Milk
- Roast BBQ Chicken Breast, Graham Crackers Baked Beans Fresh NY Apple Fresh Clementine Milk
- Cheese Burger w/Bun Dill Pickles Sweet Potato Fries Peaches Milk
- Cheese Pizza Corn Applesauce Milk

**Meals**

- Breakfast: No Charge Reduced: No Charge
- Lunch: No Charge Reduced: No Charge

**Hudson Valley Fresh Milk** $0.60

---

**DID YOU KNOW?**

MySchoolBucks.com makes meal payment convenient and simple! You can manage your student’s account and make payments.

Questions, Comments Please call:
- Larry Anthony, FSD
- 845.758.2241 Ext. 38100

WE ARE AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.

Free and Reduced Lunch Applications are available in your school office and on the school web page.