

MAY 2021
GRADES K-5
CHANCELLOR LIVINGSTON

Meal Prices
Breakfast: No Charge **Reduced: No Charge**
Lunch: No Charge **Reduced: No Charge**
Hudson Valley Fresh Milk \$0.60

	Monday <small>(MEATLESS)</small>	Tuesday	Wednesday	Thursday	Friday	
BREAKFAST : <i>Three Components Served Daily.</i> <i>Grain 1 oz.</i> <i>Fruit 1 cup</i> <i>Milk 8 oz.</i> <i>350-500 Calories</i>	*CHOOSE A MEAL* BREAKFAST					<i>DID YOU KNOW?</i> <i>MySchool-Bucks.com</i> makes meal payment convenient and simple! You can manage your student's account and make payments
	THREE CHOICES OFFERED EVERY DAY INCLUDE A GRAIN, FRUIT AND <u>LOCAL</u> MILK !!! CEREAL OF THE DAY BLUEBERRY MUFFIN UPSTATE FARMS YOGURT					
SANDWICH SHOP: <u>MONDAY</u> UN-GRILLED CHEESE <u>TUESDAY</u> TURKEY/CHEESE <u>WEDNESDAY</u> CHICKEN & CHEESE WRAP <u>THURSDAY</u> TURKEY <u>FRIDAY</u> EGG SALAD	*CHOOSE A MEAL* LUNCH					Allergy Alerts! Call for details. Some menu items may contain tree nuts and or seeds.
	3 UN-GRILLED CHEESE	4 Mac and Cheese Baby Carrots Fresh Pear Milk	5 Mandarin Chicken Steamed Rice Vegetable Egg Roll Fresh Clementine Milk	6 CLS PLANNING DAY	7 Cheese Burger w/Bun Dill Pickles Sweet Potato Fries Peaches Milk	
SALADS GALORE! <u>MONDAY</u> VEGETARIAN VEGETABLE <u>TUESDAY</u> CHICKEN APPLE <u>WEDNESDAY</u> TURKEY/CHEESE <u>THURSDAY</u> CHEF SALAD <u>FRIDAY</u> CHICKEN CAESAR <i>All Salads include a Grain</i>	10 Bosco Bread Sticks Marinara Sauce Green Beans Applesauce Milk	11 Chicken Drummie Graham Crackers Corn Peaches, Milk	12 Taquitos Refried Beans NY Apple Milk	13 Grilled Cheese Corn Chowder Baby Carrots Fruit Cocktail, Milk	14 Lasagna Roll-up Buttered Broccoli Diced Pears Milk	Questions, Comments Please call: Larry Anthony, FSD 845.758.2241 Ext. 38100
	17 Mozzarella Sticks Marinara Sauce Vegetable/Tomato Soup Juicy Pears Milk	18 Chicken Patty w/Bun Sweet Potato Fries Cling Peaches Milk	19 French Toast Sticks Sweet Sausage Links Smiley Potato Applesauce Milk	20 Chicken Tenders Corn Fruit Cocktail Milk	21 Meatball Sandwich Broccoli Fresh Bananas Milk	
24 Cheese Pizza Green Beans Applesauce Milk	25 Chicken Nuggets BBQ Sauce Buttered Carrots NY Apple, Milk	26 Twin Beef Tacos Black Bean and Corn Salsa Fruit Cocktail, Milk	27 Asian Chicken Steamed Rice Buttered Broccoli Fresh Pear Milk	28 Fish Sticks Honey Grahams Mixed Vegetable Peaches Milk	WE ARE AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER . Employment Opportunities Available!!!	
	Five Components Served Daily: Protein 2 oz. Whole Grains 1 oz. Vegetables 1/2 cup Fruit 1/2 cup Milk 8 oz.	If you are in need of a meal delivery, please email us at: meals@rhinebeckcsd.org Curbside pick up available everyday M-F at BMS 8:30-11:00am		Every Day Vegetarian Option: Peanut Butter/Jelly or American Cheese Sandwich		Free and Reduced Lunch Applications are available in your school office and on the school web page.