

## Wellness Committee Meeting 11/15/13

- Following a review of the minutes from the last Wellness Committee meeting, the committee spent the remainder of the time discussing last June's survey results.
- Isabelle pointed out that grades 3-5 did not take the survey. Tom agreed to reach out to Brett re: having the survey administered to these grades, and that he would also check to see if Brett plans to continue to be on the Wellness Committee.
- Dave talked to Ms. Fam re: wellness messaging on cafeteria posters/artwork. Ms. Fam thinks could happen as an afterschool project at any point, and could be included in the mid-winter art curriculum. It would be helpful if the Wellness Committee recommends what we want. Beth is looking to get posters to have in lunch line for both kids and staff. Dave will talk with Jen McCracken about a 1-day effort on posters, w/ support from Ms. Fam.
- The POS system should be in place by Jan 1, 2014 or a little later. Tom will check to see if inventory could be scanned in by bar code. If so, this would be done over the summer.
- Isabelle stated that parents want nutritional values on website.
- Question 3 - Does school have Wellness Policy? Tom: we can communicate about policy bi-weekly via email; Isabelle suggested that info be communicated via CLS newsletter. It was agreed that communications need to be strategic, not random or excessive. We need to provide a way for families to opt-in for receiving communications, as well as keep website updated, perhaps creating a cafeteria tab.
- Question 4 brought out criticism of snacks. Survey responses were based on what was offered last June. Changes have happened since. Beth shared Smart Snacks in Schools document. It was agreed that this info should be communicated to parents and students, letting them know that this is where we're headed.
- It was agreed that survey results need to be distributed to principals. Re: distributing results to families, Marvin stressed the importance of aggregating info, summarizing, but not including any attributable comments.
- Committee members were asked to bring highlights from the survey to the next meeting, where we will focus on determining goals and action plan.
- The next meeting: Tues, Dec. 10<sup>th</sup> – 9 - 10:30 a.m.