

HEALTH & WELLNESS COMMITTEE MINUTES
Policy Subcommittee

February 26, 2013

Present: Thomas Burnell, Terri Hall, Isabelle Burkhart

1. Subcommittee discussed the 4 items open in the Policy section of the CLS inventory.
2. Subcommittee selected the following items to begin working on:
 1. #104 (*Students have the opportunity to provide input to the implementation of wellness policy activities*) and
 - Include student representatives as members on the school wellness council or create a student wellness council with liaisons that attend wellness council meetings.
 - Work with a marketing class, school store or student council to develop taste tests and design marketing campaigns for healthy food and beverage options and increase physical activity opportunities.
 2. #106 (School wellness council/committee recommends new or revised health or wellness policies and activities to the district)
 - Compile and review all evaluation data gathered throughout the school year.
 - As a council, reach consensus on recommendations that will go forward.
 - Check on the method the district would like to receive the recommendations.
 - Submit the recommendations to the school administrators for comments and finalize recommendations.
 - Decide who from the council will present the recommendations to the district, if a presentation is appropriate.
 - Share the response to the recommendations with the school wellness council.
3. The subcommittee discussed the need to have a local nutritionist to be a part of the Health and Wellness Committee to add the technical expertise to the committee.

4. The subcommittee would like to engage the High School to select a Sophomore or Junior student to join the Health and Wellness Committee before the end of the school year. In the future the person should be selected in the May/June timeframe to begin work immediately in September upon returning to school.
5. The subcommittee plan to look at examples of other Health and Wellness policies, activities, etc. to recommend changes to the policy. These recommendations would be presented to the Policy Committee at a future date.