

Health and Wellness Committee Minutes 1/13/21

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Attending: David Aierstok, Brett King, Emily Davison, Megan Rodier, Albert Cousins, Larry Anthony, and Tom Burnell

Topics Discussed

1) Content of Parent Academy

- Name - "Living and Learning in a Pandemic"
- Parent follow up on trauma resiliency? - what does that look like, will that happen with our speaker at the event, etc
- Question and Answer panel with school and district personnel
- discussed a few different ideas for our guest speaker both local and nationally known

2) Response to the Capitol riot

Discussed how it would be helpful if we received some guidance on how to address responding to crisis with our students - in particular, but not limited to, the Capitol riot - we discussed traumatic events in the past involving severe weather both here and around the country, school violence, and world violence as well

- we started the conversation, which needs to be continued, about creating a crisis response system (in addition to Fire drills, lockdown drills, AED drills, etc) at Rhinebeck for instances like the Capitol riot and lesser crises as well

For example: how we process the media and social media in any type of crisis, what are the potential lasting effects on our staff, students, and community members and what are the conversational starters for teachers and parents on tough subjects

Reminder that our next meeting is 1/26/21

