

# Health Certificate/Appraisal Form

NYSED require an annual physical exam for new entrants, students in grades K, 2, 4, 7, and 10, sports, working permits, and for the Committee on Special Education (CSE) initially and triennially.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Date of Exam: \_\_\_\_\_ Gender: F M Grade: \_\_\_\_\_

## IMMUNIZATIONS/HEALTH HISTORY

- Immunization record attached  
 No immunizations given today  
 Immunizations (and dates given) since last Health Appraisal  
 \_\_\_\_\_
- Sickle Cell Screen: Positive Negative Not Done Date: \_\_\_\_\_  
 PPD: Positive Negative Not Done Date: \_\_\_\_\_  
 Elevated Lead: Yes No Not Done Date: \_\_\_\_\_  
 Dental Referral Yes No Not Done Date: \_\_\_\_\_

Significant Medical/Surgical History: See attached \_\_\_\_\_

- Allergies:  Food: \_\_\_\_\_  Insect: \_\_\_\_\_  Medication: \_\_\_\_\_  Seasonal: \_\_\_\_\_  
 Other: \_\_\_\_\_  Known Reaction: \_\_\_\_\_  LIFE THREATENING

## PHYSICAL EXAM

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Pulse: \_\_\_\_\_

Body Mass Index _____ Weight Status Category (BMI Percentile): <input type="checkbox"/> less than 5 <sup>th</sup> <input type="checkbox"/> 5 <sup>th</sup> through 49 <sup>th</sup> <input type="checkbox"/> 50 <sup>th</sup> through 84 <sup>th</sup> <input type="checkbox"/> 85 <sup>th</sup> through 94 <sup>th</sup> <input type="checkbox"/> 95 <sup>th</sup> through 98 <sup>th</sup> <input type="checkbox"/> 99 <sup>th</sup> and higher	Vision – without glasses/contact lenses	R	L	<i>Referral</i>
Vision – with glasses/contact lenses	R	L		
Vision – Near Point	R	L		
Hearing <input type="checkbox"/> Pass 20 db sc both ears or:	R	L		

EXAM ENTIRELY NORMAL Tanner: I II  III  IV V Scoliosis: Negative Positive: \_\_\_\_\_

Specify any abnormality (use reverse of form if needed): \_\_\_\_\_

## MEDICATIONS

Medications (list all): None Additional medications listed on reverse of form

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

If AM dose is missed at home: \_\_\_\_\_

Student needs to take medicine during school. School Nurse should have the required medication administration form completed.

## PHYSICAL EDUCATION/SPORTS/PAYGROUND/WORK QUALIFICATION/CSE CONSIDERATION

Free for contagion & physically qualified for all physical education, sports, playground, work & school activities OR only as checked

Limited Contact: cheerleading, gymnastics, ski, volleyball, cross-country, handball, fence, baseball, floor hockey, softball

Non-Contact: badminton, bowl, golf, swim, table tennis, archery, riflery, weight train, crew, dance, track, run, walk, rope jump

Specify medical accommodations needed for school: \_\_\_\_\_

Known or suspected disability: \_\_\_\_\_

Restrictions: \_\_\_\_\_

Protective equipment required: Athletic Cup Sport goggles/impact resistant eyewear Other: \_\_\_\_\_

## OTHER INFORMATION

Specify current diseases: Asthma Diabetes Type 1 Type 2 Hyperlipidemia Hypertension

Other: \_\_\_\_\_

Healthcare Provider's Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

Healthcare Provider's Name/Address: \_\_\_\_\_ Fax: \_\_\_\_\_

If completed this exam complies with NYSED requirements and is valid for twelve months from the date of the exam, with the exception of any illness or injury lasting more than five days that will require review by the private Healthcare Provider and the School Chief Medical Officer