

JUNE 2017

RCS Grades K-5

Meal Prices
Breakfast: Paid= \$1.50 Reduced= \$0.25
Lunch: Paid= \$3.25 Reduced= \$0.25
 Milk= \$0.60

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast Specials Available	Breakfast					DID YOU KNOW? MySchoolBucks.com makes meal payment convenient and simple! You can manage your students account and make payments online.
	Ham and Cheese Melt Cereal Fresh Fruit Fruit Juice, Milk	Low Fat Yogurt Cereal/Muffin Fresh Fruit Fruit Juice, Milk	Toasted Waffles Hard Cooked Egg Fresh Fruit Fruit Juice, Milk	Bagel Cream Cheese Fresh Fruit Fruit Juice, Milk	Egg Patty on English Muffin Fresh Fruit Fruit Juice, Milk	
	Lunch					
Alternate Entrée Offered Daily: M-Tuna Salad Sand- wich T-Turkey Sandwich W-Ham & Cheese Sandwich Th-American Sand- wich F- Egg Salad Sand- wich Alternate Entrée : M-Turkey Salad w/Bun T-Tuna Salad w/ Roll W- Fiesta Salad w/Roll Th- Hamburger w/Bun F- Crispy Fish Sticks				1 Hot Meatball Hero Steamed Broccoli Garden Salad Oranges, Milk	2 TNF Pizza Day Hot Carrot Disks Garden Salad Juicy Pears, Milk	Allergy Alerts! Call for details. Some menu items may contain tree nuts and or seeds
	5 BBQ Chicken Dinner Roll Baked Beans Garden Salad Island Pineapple, Milk	6 Cheeseburger W/Bun Potato Fries Garden Salad Orange Slices Milk	7 Pasta W/Meatballs Cut Carrots Garden Salad Fresh Apple Milk	8 Mozzarella Sticks Marinara Sauce Green Beans Garden Salad Fruit Salad, Milk	9 TNF Pizza Day Hot Buttered Corn Garden Salad Mandarin Oranges Milk	
	12 All Beef Hot Dog Steamed Green Beans Garden Salad Cling Peaches Milk	13 Grilled Cheese Tomato Soup Fresh Snow Peas Garden Salad Apples, Milk	14 Oven Fried Chicken Steamed Asparagus Garden Salad Bananas Milk	15 Macaroni and Cheese Steamed Broccoli Garden Salad Fruit Cocktail, Milk	16 TNF Pizza Day Steamed Zucchini Garden Salad Juicy Pears, Milk	Questions? Please call: Larry Anthony, FSD 758.2241ext. 38100
Five Components Offered Daily: Proteins, Grains Fruits, Vegetables, Milk Menus subject to change due to availability of foods	19 Chicken Fajita Tortillas Refried Beans Garden Salad Pineapple, Milk	20 Sesame Chicken Seasoned Rice Steamed Broccoli Garden Salad Peaches, Milk	21 1/2 Day No Lunch	22 1/2 Day No Lunch	23 1/2 Day No Lunch	WE ARE AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
	Thank You for a Fabulous Year!	Enjoy a Happy and Safe Summer	See you in September	A VARIETY OF FRESH FRUIT AVAILABLE EVERYDAY!!		Employment Opportunities Available!! Call for Details