

FEBRUARY 2018

# RCD Grades 9-12

## Meal Prices

**Breakfast:** Paid \$1.75      **Reduced:** \$0.25  
**Lunch:** Paid \$3.25      **Reduced:** \$0.25  
**Milk \$0.60**

	Monday	Tuesday	Wednesday	Thursday	Friday	<i><b>DID YOU KNOW?</b></i> <a href="http://MySchool-Bucks.com">MySchool-Bucks.com</a> makes meal payment convenient and simple! You can manage your students account and make payments online.  <b>Allergy Alerts!</b> Call for details. Some menu items may contain tree nuts and or seeds.
<b>Breakfast Specials Available Daily</b>	Breakfast					
	Low Fat Yogurt Cereal/Muffin Fresh Fruit Fruit Juice, Milk	Ham and Cheese Melt Cereal Fresh Fruit Fruit Juice, Milk	English Muffin & Jelly Hard Cooked Egg Fresh Fruit	Bagel Cream Cheese Fresh Fruit Fruit Juice, Milk	Egg Patty on English Muffin Fresh Fruit Fruit Juice, Milk	
	Lunch					
<p>Alternate Entrée Sandwich Offered Daily:  <b>M</b>-Chicken Caesar Wrap  <b>T</b>-Chicken Parm Sandwich  <b>W</b>- Grilled Cheese Sandwich/Tomato Soup  <b>Th</b>- Turkey, Ham and Cheese Combo Sandwich  <b>F</b>- Buffalo Chicken Wrap</p>	<p>Every Day Vegetarian Option:            Peanut Butter/Jelly or American Cheese Sandwich</p>			<p>1            Roast Turkey Dinner Roll            Mashed Potato w/Gravy            Garden Salad            Fruit Cocktail, Milk</p>	<p>2            TNF Pizza Day            Garlic Bread            Hot Buttered Corn            Garden Salad            Juicy Pears, Milk</p>	<p>Questions?            Please call:            Larry Anthony,            FSD</p> <p>WE ARE AN EQUAL OPPORTUNITY PROVIDER &amp; EMPLOYER. Employment Opportunities Available.</p>
<p>Specialty Salad Entrée Offered Daily:  <b>M</b>- Turkey, Apple, and Cranberry  <b>T</b>- Romaine Tuna Wrap  <b>W</b>- Buffalo Chicken  <b>Th</b>- Chef Salad  <b>F</b>- Chicken Caesar            All Salads include dinner roll .</p>	<p>5            Hamburger w/Bun            Dill Pickle            Oven Fried Potato            Garden Salad            Cling Peaches            Milk</p>	<p>6            Twin Soft Taco 2'sday            Cheddar Cheese            Lettuce/Tomato            Black Beans and Rice            Garden Salad            Fresh Apples, Milk</p>	<p>7            Crispy Chicken Nuggets            Garlic Couscous            Sliced Cucumber            Garden Salad            Fresh Banana            Milk</p>	<p>8            Macaroni and Cheese            Parmesan Broccoli            Crowns            Garden Salad            Strawberry Cup            Milk</p>	<p>9            TNF Pizza Day            Garlic Bread            Garlic/Herb Zucchini            Garden Salad            Fruit Cocktail            Milk</p>	
<p>Five Components Offered Daily:            Proteins, Whole Grains, Fruits, Vegetables, Milk</p>	<p>12            Chicken/Cheese Quesadilla            Refried Beans            Garden Salad            Pineapple, Milk</p>	<p>13            Teriyaki Chicken            Seasoned Rice            Garlic Snow Peas            Garden Salad            Fresh Orange Slices, Milk</p>	<p>14            Cheeseburger w/Bun            Dill Pickle            Deli Roaster Potato            Garden Salad            Fruit Cocktail, Milk</p>	<p>15            Rotini w/Meat Sauce            Garlic Bread            Mixed Vegetable Medley            Garden Salad            Diced Peaches, Milk</p>	<p>16            Superintendent's Conference Day</p>	
	<p>19            Presidents' Day</p>	<p>20            Burrito Grande            Spanish Rice            Salsa/Sour Cream            Garden Salad            Applesauce, Milk</p>	<p>21            Beef Nachos            Cheese Sauce            Refried Beans            Garden Salad            Diced Peaches, Milk</p>	<p>22            Popcorn Chicken            Dinner Roll            Black Bean/Corn Salsa            Garden Salad            Pineapple, Milk</p>	<p>23            TNF Pizza Day            Garlic Bread            Hot Buttered Corn            Garden Salad            Mandarin Oranges, Milk</p>	
	<p>26            Mozzarella Sticks            Marinara Sauce            Buttered Peas            Garden Salad            Fruit Cocktail, Milk</p>	<p>27            Chicken Patty w/Bun            Sweet Potato Fries            Garden Salad            Pineapple            Milk</p>	<p>28            Teriyaki Chicken            Seasoned Rice            Garlic Broccoli Crowns            Garden Salad            Fresh Banana, Milk</p>			