

FEBRUARY 2018

RCD Grades 6-8

Meal Prices

Breakfast: Paid \$1.75 Reduced \$0.25
Lunch: Paid \$3.25 Reduced \$0.25
 Hudson Valley Fresh Milk \$0.60

**Breakfast
 Specials
 Available Daily**

	Monday	Tuesday	Wednesday	Thursday	Friday	<i>DID YOU KNOW?</i> <u>MySchool-</u> <u>Bucks.com</u> makes meal payment convenient and simple! You can manage your students account and make payments online.	
	Breakfast						
	Low Fat Yogurt Cereal/Muffin Fresh Fruit Fruit Juice, Milk	Ham and Cheese Melt Cereal Fresh Fruit Fruit Juice, Milk	English Muffin Hard Cooked Egg Fresh Fruit Fruit Juice, Milk	Bagel Cream Cheese Fresh Fruit Fruit Juice, Milk	Egg Patty on English Muffin Fresh Fruit Fruit Juice, Milk		
	Lunch						
<p>Alternate Entrée Sandwich Offered Daily: M-Turkey/Cheese Roll Up w/Graham Snacks T-Tuna Salad Sandwich W-Ham & Cheese Sandwich Th- Turkey, Ham and Cheese Combo Sandwich F- Turkey Wrap</p> <p>Specialty Salad Entrée Offered Daily: M- Turkey, Apple and Cranberry T- Romaine Tuna Wrap W- Chicken/Cheddar Pita Th- Chef Salad F- Cobb Salad All Salads include Dinner Roll</p> <p>Five Components Offered Daily: Proteins, Whole Grains, Fruits, Vegetables Milk</p>	Every Day Vegetarian Option: Peanut Butter/Jelly or American Cheese Sandwich			1 Roast Turkey Dinner Roll Mashed Potato w/Gravy Garden Salad Fruit Cocktail, Milk	2 TNF Pizza Day Garlic Bread Hot Buttered Corn Garden Salad Juicy Pears, Milk	<p>Allergy Alerts! Call for details. Some menu items may contain tree nuts and or seeds</p> <p>Questions? Please call: Larry Anthony, FSD 758.2241 ext. 38100</p> <p>WE ARE AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER . Employment Opportunities Available.</p>	
	5 Hamburger w/Bun Dill Pickle Oven Fried Potato Garden Salad Cling Peaches, Milk	6 Twin Soft Taco 2'sday Cheddar Cheese Lettuce/Tomato Black Beans and Rice Garden Salad Fresh Apples, Milk	7 Crispy Chicken Nuggets Garlic Couscous Sliced Cucumber Garden Salad Fresh Banana Milk	8 Macaroni and Cheese Parmesan Broccoli Crowns Garden Salad Strawberry Cup Milk	9 TNF Pizza Day Garlic Bread Garlic/Herb Zucchini Garden Salad Fruit Cocktail Milk		
	12 Chicken/Cheese Quesadilla Refried Beans Garden Salad Pineapple, Milk	13 Teriyaki Chicken Seasoned Rice Garlic Snow Peas Garden Salad Fresh Orange Slices, Milk	14 Cheeseburger w/Bun Dill Pickle Deli Roaster Potato Garden Salad Fruit Cocktail, Milk	15 Rotini w/Meat Sauce Garlic Bread Mixed Vegetable Medley Garden Salad Diced Peaches, Milk	16 Superintendent's Conference Day		
	19 Presidents' Day	20 French Toast w/Syrup Sausage Links Sweet Potato Nuggets Garden Salad Applesauce, Milk	21 Beef Nachos Cheese Sauce Refried Beans Garden Salad Diced Peaches, Milk	22 Popcorn Chicken Dinner Roll Black Bean/Corn Salsa Garden Salad Pineapple, Milk	23 TNF Pizza Day Garlic Bread Hot Buttered Corn Garden Salad Mandarin Oranges, Milk		
	26 Mozzarella Sticks Marinara Sauce Buttered Peas Garden Salad Fruit Cocktail, Milk	27 Chicken Patty w/Bun Sweet Potato Fries Garden Salad Pineapple Milk	28 Teriyaki Chicken Seasoned Rice Garlic Broccoli Crowns Garden Salad Fresh Banana, Milk				