

Health and Wellness Committee Minutes

February 19, 2013

Present: Thomas Burnell, Beth Hauptman, Terri Hall, David Aierstok, Marvin Kreps, and Isabelle Burkhart (minutes)

1. Discussed School Food Summit attended by Isabelle and Terri Hall. First annual School Food Summit was held in Ulster County at Roundout Valley High. <http://slowfoodhv.org/school-food-summit-2013-february-15th/>
2. Discussed CLS School Garden being organized by CLS parent, Vivian Mandala. Tom will discuss details with Brett King, Bruce and Sheldon and come back to committee to share progress on the project.
3. Committee approved minutes of the last meeting and set date of next meeting: March 5, 8:45-10am
4. The topic of a student and parent survey regarding RSD school foods was discussed. Dave will check with Dr. Davenport to see how and when we can distribute a survey to students. Marvin and Beth suggested that questions will need to be grade appropriate for grades 3-5. For email distribution to parents we may be able to conduct a survey using an online free service like Survey Monkey. Dave mentioned that there are 180+ students who are in Health classes and surveys could possibly be distributed during class. The other 200+ students will need be reached by flyer, email or link to district website. Beth asked about how we did School Climate survey. Tom stated that Superintendent, Joe Phelan will need to review and approve the content and distribution of the survey prior to sending. The computer lab classes were also mentioned a possibility for students taking the survey. Some base line questions about who is taking the survey were mentioned by Marvin, for instance, what grade are you in? do you eat lunch from home or from the cafeteria? Isabelle agreed to do research on finding an online survey for school food perspectives. Marvin suggested that the survey be considered an annual process to establish a standard and a way to collect perspectival data. Parents to be surveyed as well. Online survey can be distributed to parent email list. 80% of parents have access. For those who do not, we can mail survey. Joe Phelan will need to approve content. Next steps to be discussed in next meeting.
5. When survey collection is completed a summary report will be presented to the Board of Education.
6. The district calendar was discussed as an opportunity to let the community know about Wellness Committee related activities such as meetings and as an opportunity for Food Services important dates set by Beth. For instance, creating an event on a date before school begins for parents of students with special dietary restrictions to come and learn from Beth what can be done to help those families.

7. Tom announced that the lunch menus will begin to be emailed to parents soon. Snacks at CLS will be listed on those menus as well. Middle and High School snacks are not listed. Beth mentioned that Dr. Davenport will be meeting with Beth to discuss changes coming to the High School cafeteria.

Action Items:

1. Curriculum and Policy subcommittees agreed to next meeting times.
2. Next Health and Wellness Committee meeting is scheduled for March 5, 2013 at 8:45 am.
3. Next steps for the Student/Parent survey to be discussed at next meeting.