

Health and Wellness Committee Minutes: December 10, 2013

Present: Marvin Kreps, David Aierstok, Bonnie Murphy, Beth Hauptman, Terri Hall, Isabelle Burkhart

- Bonnie Murphy let the committee know that the high school art teacher, Cynthia Baer, will be taking over the snack cart after school as a 10th grade fundraiser
- Point of sale is coming in January and there will be the same price on items in both the H.S. cafeteria and BMS as well
- Point was also brought up by Beth that the parents can see everything that their child can buy and the parents can purchase or put money on the account online by using a credit card
- Beth suggested that once the system is up and running the district can find and put up or have the students make posters that show “my plate” according to child nutrition laws and the breakdown of what should or has to be there – idea of giving them visuals to look out in addition to telling them

Questions were raised about the Health curriculum from grades K-12 and where the district and the state were in relation to Health. Marvin discussed that following the guidelines set forth by the state rewriting ELA, S.S., and Science were the focus first for the last two years to align with the common core.

- Each grade level has units to fit into the maps, many topics from great body shop are still being taught
- No alignment yet to see if covering all health topics according to NYS

Isabelle asked why a stand-alone health curriculum is better than integrated one from the state’s point of view.

Marvin explained that the health curriculum being aligned with the state is approximately three years away but he can see topics in science and social studies having a natural overlap.

- Follow up from the last meeting in terms of the 3-5th graders didn’t take the survey and the question was raised about was the communication put out there.
- Brought up to ask Fern Lox (Asst. Principal CLS) to replace Brett King as he is spending a lot of time on interviews for the elementary positions

The committee discussed and suggested that we finish looking at the surveys on an individual basis and bring to the table what our priorities are for this year and to set goals from that point.

Goals:

Beth: Point of sale and to communicate to the parents to let them know we have a point of sale. Beth will do a did you know flyer and get it out by the end of December on the back of the menu.

Terri: Overall communication strategy possibly encompassing a wellness policy bi-weekly email, CLS newsletter, all of the changes involving the snacks offered and a way to update the website possibly with a cafeteria tab.

Isabelle: To actually update the wellness policy that is outdated.

David: To involve the students not only on the committee but making some of the posters and taking some ownership in the learning and educating process in their school environment – particularly the cafeteria

Marvin: Mentioned we just hired a Director of Technology and Communication Steve Jensen, and that he is going to be designing communication strategies to communicate to the district.

Marvin also mentioned inviting Steve to the next meeting to discuss communication.

Bonnie: Wanted it stressed to students to know for example, what food is in terms of the fuel for your body, wants them eating healthy, what a protein is and the importance of eating breakfast.

The next meeting was scheduled for January 7, 2014 at 9am.