

School Start Time Committee Meeting Minutes

October 22, 2015

Attendees: Deirdre d'Albertis, Diane Lyons, Laura Schulkind, Joe Phelan, Tom Burnell

Community Engagement Timeline:

10/27 - Approval of draft statement to community regarding investigation of School Start Time (see attached)

10/30 - Approved statement emailed to Parents, Students (via district email), Teachers, Staff

11/3 - Short survey delivered electronically to parents, paper survey delivered to BMS/RHS students

11/10 - Committee begins collating survey results and provides brief update to BoE

early December - meet with teachers to present findings and gather feedback

12/8 - Public Presentation begins at 6:30 in BMS/RHS Library

12/9 - Second Survey delivered to gather opinion of parents, students, teachers, staff based on 12/8 Presentation

early January - additional Public Presentation for further community input

Parent Survey (surveys will be anonymous):

This survey will be sent out to all parents via SchoolMessenger. The committee discussed sending out a robo-call in advance to alert parents that an email survey would be sent on November 3 with a response deadline of 11/9.

The survey will be created on Survey Monkey to tabulate answers in real time.

1. How many hours of sleep do your children get on a school night? (options to answer for multiple children with student age listed)
2. Is it sufficient? (options to answer for multiple children with student age listed)
3. Comment Field
4. Are you aware that Rhinebeck Central School District is investigating a change to the school start time?
5. Would you support the idea of a later school start time?
6. Comment Field

Student Survey (surveys will be anonymous):

This survey will be administered in class on paper to BMS/RHS students.

1. What time do you get up in the morning on school days?
2. What time do you go to sleep in the evening on school days?
3. Do you feel you get enough sleep?
4. How do you feel first period? Awake, Tired, Exhausted
5. Do you believe your school experience would benefit from a later school start time?
6. Would you support the idea of a later school start time?
7. Student's grade

December 8 Public Presentation

The committee discussed the format of the December 8 Public Presentation. Our approach is to inform the community about the work we have done to date. We are not taking a position on our options but simply presenting our findings. Based on our presentation, the community may have additional questions that we have not addressed. The committee members will collect all questions from the audience and have comment cards available to gather additional feedback. We are hoping the AV Club will be available to tape this meeting in a more dynamic fashion.

The committee will make the presentation using a Power Point format which will be available on the website after the meeting. It will include the scientific research, review the 4 options the committee explored and the steps we followed to gather information. It will also include an outline identifying what the changes will mean to all curricular and co-curricular activities.

After the December presentation, we will send an additional, brief survey to parents and students asking for feedback regarding their opinion of changing the school start time. Questions for those surveys will be developed prior to the December meeting.

Upcoming Agendas:

11/10 - begin compiling and reviewing survey data

11/19 - edit and finalize presentation for 12/9 meeting

Respectfully Submitted: Laura Schulkind